



**THIS PRESS PACK AND ALL OF ITS CONTENTS ARE STRICTLY  
EMBARGOED UNTIL 8PM MONDAY 26TH AUGUST 2024.**

# Olivia Attwood's BAD BOYFRIENDS

Badly behaved boyfriends, cheaters and DM-sliders beware! Presenter and podcaster Olivia Attwood is coming for you in a brand new explosive reality format on ITV, this September.

Eight unsuspecting bad boyfriends will be flown to a Greek island under the premise of filming a series about manhood and bromance in a hedonistic holiday mecca, before getting the shock of their lives when Olivia appears to announce their wild partying days are on hold and to reveal the true purpose of the show - to whip them into better boyfriend shape. All at the behest of their long-suffering girlfriends, whose surprise, dramatic arrivals cause mayhem.

But Olivia has her work cut out attempting to reform this wayward bunch of boys from serial cheaters and lazy lovers, to commitment-phobes and man-children, it's time to shape up or ship out. Across 11 episodes, the boys will compete in a series of challenges, designed to rectify their ways and battle it out to become the most improved boyfriend.

Expect tough love, lots of humour and plenty of mischief, alongside unexpected revelations and explosive scenes along the way. Can the couples get back on track with Olivia's help? And how will the girlfriends react when the spotlight is turned on them?

There will be eliminations across the series as the least improved boyfriends deemed incapable of improving are voted out, resulting in one boy being crowned the most improved boyfriend but left facing a huge dilemma...

# Olivia Attwood



## How does it feel to be hosting your very own reality show?

It feels like a dream come true. Coming into this industry via reality television, it feels like a real full circle moment and something I've been working really hard towards over the last six or seven years and something I feel like I'm ready for.

## Did you do anything to prepare for this new role?

I've prepared for this role in my personal life because I've done the dating - I've got the dating experience to hopefully guide these girls and boys to better relationships. But from a hosting point of view, it's paying my dues really. I've been doing the documentaries which has been a great learning curve and now being a part of Loose Women and various other smaller hosting roles, they've all been great training tools towards hosting a format of my own.

## Tell us about your own personal connection to the format?

On Love Island I described myself as the f\*\*\* boy whisperer which was obviously a bit of a joke but a lot of women and girls do reach out to me on Instagram asking for advice so it feels like something that has very organically developed over the years. Now, it feels second nature and I was very keen to get involved when I heard the idea.

## Can you tell us more about your role on the show?

I'm the host and essentially it's my show but I'm trying to construct challenges and tests for the boyfriends and girlfriends to guide them towards a better relationship and ultimately a happy ending. They all come in with various relationship problems and it's trying to work out as many as those as we can in the time we've got.

## What do you think viewers can expect from the series?

I lived it everyday and I've watched hours and hours of footage in the edit and it still has me on the edge of my seat. What's so special about *Bad Boyfriends* is that these couples have the pre-existing history and loyalty and there are wounds there, that emotion is right at the surface from the first episode. You don't have to wait for later episodes for that to bubble up, it's right there. It's passionate, fiery but there is also a lot of heart and comedy and I think the issues the couples discuss is very reflective of real life. These are real people who are in real relationships and I think there is going to be a huge relatability factor for the viewers.

## What was it like working with the cast?

They were really great. I think the boys took a little longer to warm up to me - I don't think they trusted me at first. I think they thought I was the enemy! I saw their faces drop every time I appeared but that did change as the weeks went on. They were all so different and they all brought something different to the project and I was really proud of them. I got very emotionally involved.

## Did you have any pre-filming rituals that you'd follow before delivering big news?

We always would have a bit of music with the glam team while we were waiting. And remembering what I had to say so I didn't go in there and bugger it up! Keeping the energy high.

## What do you think makes a bad boyfriend?

I think a bad boyfriend is in the eye of the beholder. If you think you've got a bad boyfriend and you've got valid reasons then there is a problem. It doesn't matter if someone else thinks your boyfriend is bad because I always think relationships are personal and subjective. What works for you won't work for Sue down the road or Jill over there. You have to find a relationship that works for you. If you are unhappy with things in your relationship and your boyfriend is not pulling his weight then you've got a bad boyfriend.

## What do you think makes a good boyfriend?

In a good partner, whoever you date, it's someone on your team. Life is difficult enough and it should be someone who makes your life easier, not harder. That person should be your sense of home, sense of safety and shouldn't cause you unnecessary problems or stress and definitely shouldn't cause you any hurt. I think all the other stuff you want or need in between is down to you - everyone is going to have their different rules or what they need from a partner.



Anya & Bayley

itv2 | itvX

# Bayley

Age: 26

From: Surrey

Occupation: Operations Manager

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

I'm excited. I really like the concept of it - obviously I didn't at the start but I've got to accept that and it's about going through the steps that Olivia has planned out for us.

## How did you feel when you learned the true purpose of the show?

I wanted a hole to swallow me up [laughs]! From the antics that happened on the first night out, I thought there would be a few twists but I did not expect them to put our girlfriends on the night out. I was in shock, Anya wouldn't even look me in the eyes so I knew I was in trouble!

## How would you describe your relationship with your girlfriend at the start of the experience?

We had a good relationship but I don't feel like the trust was there on her side because of the things I've done previously. I'd lie quite a lot and I don't think I thought about how she felt in situations. Things that I thought were small things, we're really big in her eyes. I thought we were good but we obviously weren't great because that's why I ended up on the show. It's been a blessing in disguise.

## What can viewers expect from the series?

The viewers can expect ups and downs. Some shocking nights out and some awful chat up lines as well which I'd rather forget about but you're going to see them! The boys especially struggled to talk about our emotions and I feel like we've been very true to ourselves when we've tried to open up and we tried to trust in the process. It was an amazing experience.

## What was it like working with Olivia?

It was really good working alongside Olivia. I didn't really know what to expect but because she went through all of this with Brad, she knew what us boys needed. And on the other side with the girls, Anya especially, there are things she needed to do to put me in my place - boundaries and things like that. It wasn't all about the boys, it was improving the relationships on a whole. It was difficult at first to trust her but we trusted her in the end and it benefited a lot of us.

# Anya

Age: 28

From: Surrey

Occupation: Salon Owner

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It's exciting! We've gained a lot from the experience and we're now in a better place. There were so many highs and lows.

## Why did you decide to put your boyfriend forward for the programme?

He was on his last chance and something needed to change. He needed to realise that he was in the wrong sometimes. He needed to take accountability for his actions and realise what he had put me through.

## How would you describe your relationship with your boyfriend at the start of the experience?

He was careless, heartless and didn't give a f\*\*\*.

## What can viewers expect from the series?

Lots of twists and turns and a lot of ups and downs. A lot of excitement. I think we all come out different people. It's not just the boys, it's the girls as well - I learnt a lot about myself there.

## How would you describe yourself as a girlfriend?

I wasn't confident, too caring and scared to lose him. Now, I'm the opposite - I've put boundaries in as Olivia told me and I feel like I've got confidence back.

## What was it like working with Olivia?

She's the best. She's so down to earth and funny. It was a really fun experience.

## What was Bayley's reaction to finding out the true premise of the show?

Bayley wasn't annoyed, he was just so shocked!



Carly & Tom J

itv2 | itvX

# Tom J

Age: 25

From: Barnsley

Occupation: Bricklayer/labourer

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

I'm buzzing for it to come out, really excited by it.

## How did you feel when you learned the true purpose of the show?

I was like 'what is going on? Wow, what have we got ourselves into?'

## How would you describe your relationship with your girlfriend at the start of the experience?

We were alright but I hadn't opened up to her as much as I have done since coming out of the show.

## What can viewers expect from the series?

I think it will be good for couples to watch it because they can maybe relate to it and learn from it.

## How would you describe yourself as a boyfriend?

I think I'm much better coming off the show. I talk more about my own feelings, how I am in general. I was more closed off emotionally before going on the show.

## What was it like working with Olivia?

It was great, I really enjoyed it. It was a great experience.

# Carly

Age: 23

From: Rotherham

Occupation: Content Creator

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

I found it a really good experience. A lot of people struggled in the sense that they were separate from their boyfriends but I took it all in my stride. I knew it was for a good reason and we would come out stronger so I took in my stride and trusted in the process.

## Why did you decide to put your boyfriend forward for the programme?

I felt like we were just a little bit stagnant and needed to push past our boundaries. It was the perfect opportunity to do that. I said to Tom before we did it 'would you ever consider therapy?' and then this popped up. Sometimes you need a third person to listen to your conversations and this gave us that opportunity.

## How would you describe your relationship with your boyfriend at the start of the experience?

Fun but maybe unpredictable, not stable.

## What can viewers expect from the series?

Definitely a whirlwind. People might also relate to it, those with similar problems. And very funny.

## How would you describe yourself as a girlfriend?

I would say I'm very loyal, laid back and always fun.

## What was it like working with Olivia?

An absolute dream. She's my dream host. If I could have picked a host, it would have been her. She's so funny, humble and understanding. She's my favourite TV person and always makes things fun and funny. She's not judgemental at all and totally gets it as she's been in our shoes.

## What was your boyfriend's reaction to finding out the true premise of the show?

I feel like at first he didn't know what to say or how to react. It was like he went back twenty years and was a five year old. He couldn't look at me. But after a while he came to terms with it and thought it was a great experience.





Ryan & Sapphia

itv2 | itvX

# Ryan

Age: 28

From: North West London

Occupation: Music Producer

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It feels good to be a part of this brand-new show. I was at first quite surprised that I was brought on the show but as you go on and watch, you'll see I've come to a realisation of why I'm there.

## How did you feel when you learned the true purpose of the show?

I was surprised. I was smiling and laughing but that is something I do when I'm nervous. I'm an engaged man and I didn't feel like there was anything particularly wrong in our relationship.

## How would you describe your relationship with your girlfriend at the start of the experience?

My relationship is fun, bubbly and happy with plenty of laughs. I couldn't have pinpointed any major issues.

## What can viewers expect from the series?

Viewers can expect lots of twists and turns. I think a lot of people may judge books by their covers from the start but I think viewers will see that a lot of people are genuine, and we love our partners and are willing to change our ways.

## How would you describe yourself as a boyfriend?

I wasn't a perfect boyfriend. I thought I was but I was showing some imperfections and there were a few things I needed to tighten up. And a few things that I needed to take responsibility for. You'll have to wait and see whether I take responsibility for those things.

## What was it like working with Olivia?

It was great. Liv is cool and relaxed. She made us feel really comfortable. She was always looking after us. We had lots of conversations with her.

# Sapphia

Age: 30

From: West London

Occupation: Financial Recruitment

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It feels really exciting because I feel like not only did it improve our relationship, it also helped me look at what I'm doing and what I can do better. I had the best time when I was there and I can't wait to watch it back.

## Why did you decide to put your boyfriend forward for the programme?

I decided to put Ryan forward for the programme for two reasons. One is that we're engaged and he has lots of things he needs to sort out before we get married. We live together, he doesn't help with the housework. I don't think he realises that bills need to be paid - he just goes off vibes and enjoys his life. He's a massive flirt and that needs to stop before we get married.

## How would you describe your relationship with your boyfriend at the start of the experience?

I would say before the experience our relationship was good - we love each other a lot and we are best friends but there was so much we needed to work on before it started to get too toxic. The way we would argue and disrespect each other, we both had not very nice things to say to each other in an argument. It was getting a bit toxic.

## What can viewers expect from the series?

Viewers can expect a lot of passion. We're all couples and we all really love each other. The emotions are real. There is so much laughter and good times but there are challenging times.

## How would you describe yourself as a girlfriend?

I would say I am very caring. I think about everything before Ryan thinks about it - I make sure he's ready for work the next day, his alarms are set and he's got food.

## What was it like working with Olivia?

Working alongside Olivia was so much fun. She's honestly the best, she's seen me cry and laugh and be my honest self.

## What was your boyfriend's reaction to finding out the true premise of the show?

He was confused as to why I brought him here but his actions proved why I brought him here. He was disappointed in me that I thought he was a bad partner but you are a bad partner!



Lana & Tom T

itv2 | itvX

# Tom T

Age: 25

From: Bromley

Occupation: Roofer

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It feels amazing to be honest. It's something I didn't really ever expect but I'm so proud to be a part of the show. It's made my family really proud and friends as well. That's what I want to do at the end of the day - make people proud - and I feel like I've done that by taking part in the show.

## How did you feel when you learned the true purpose of the show?

I'll be real, I am a very good boyfriend but I understand that there were things I needed to improve on. I took it with a pinch of salt. My first reaction was that I was definitely shocked. I had so much fun.

## How would you describe your relationship with your girlfriend at the start of the experience?

Our relationship was really good, we were really strong. No relationship is ever perfect though so there was stuff we could improve on. We were so happy and fun. We say that we're soul mates. We get on so well and have so much bants. She's my bestest friend.

## What can viewers expect from the series?

I think the viewers can expect a lot of laughs - it's safe to say I definitely had my moments in there! I think everyone who knows me won't be surprised. It shows you that if you're not in the best relationship or something has happened in the past, you can work on that and sort things out especially if it's meant to be.

## How would you describe yourself as a boyfriend?

I'd say I'm definitely a good boyfriend. I'm quite romantic and I like planning nice dates.

## What was it like working with Olivia?

Olivia was so nice. She was always very helpful. She's down to earth as well, especially when the girls had moments but what I noticed is that if they were upset, she was the first one to make them feel better and I think that goes a long way. She had time for everyone. She made everyone have a really good time.

# Lana

Age: 23

From: Bromley

Occupation: Merchandiser

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It feels very new and exciting. It's an adventure because I don't know what to expect. I'm really grateful for the opportunity.

## Why did you decide to put your boyfriend forward for the programme?

I decided to put Tom up for the programme because he is lazy around the house. I feel like I am another mother to him. Me and his mum are done having to pick up his boxers. I am done with making breakfast, lunch and dinner every time I see him. I would love him to make me a roast dinner and not have to help!

## How would you describe your relationship with your boyfriend at the start of the experience?

I feel like we were close and always have been and we're best friends. This was a great opportunity to improve our relationship and for him to know to stop being lazy and if we're going to have a future, you've got to stop being a boy and be a man.

## What can viewers expect from the series?

Viewers can expect a lot of drama, a lot of love and people forgiving each other. There are a lot of comical scenes that I can't wait to watch.

## What was it like working with Olivia?

Working with Olivia was such a blessing. She was every girl's best friend. It was an amazing opportunity for us to know who she is. She was a real life friend - if you were upset then she would comfort you - she wasn't just the host.



Ruben & Liily

itv2 | itvX

# Ruben

Age: 27

From: Dublin

Occupation: Car Salesman

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

Originally it felt great until we found out what the show really was - that was a bit of a hard adjustment. But after everything it was really helpful and I'm really happy to have been a part of it. I'm grateful I had the chance to go through the experience.

## How did you feel when you learned the true purpose of the show?

When the ball dropped, I thought I'm going home. It took a while to get used to the idea of being a 'bad boyfriend' but I'm happy that I didn't leave early.

## How would you describe your relationship with your girlfriend at the start of the experience?

Honestly, I did not think it was that bad before the experience but it did highlight one or two issues that we had. It helped us address some issues that we didn't realise were there.

## What can viewers expect from the series?

Expect laughs, tears and grown-ass men making a show of themselves!

## How would you describe yourself as a boyfriend?

As a boyfriend I've always considered myself attentive. I feel like I am very supportive and caring. I'd say one problem that was highlighted was maybe I was too caring and there were a lot of difficulties in communicating our points and there was a bit of built up frustration in both of us. Before I would have said I thought I was a good boyfriend in that aspect but then obviously there were things that needed to be sorted out.

## What was it like working with Olivia?

There is a reason that woman has a show - she was great! I felt so comfortable, it was a great experience and she made it very easy.

# Liily

Age: 26

From: Brazil, now lives in Dublin

Occupation: Studying to become a personal trainer

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It's actually a huge experience for me. It's so different and so new.

## Why did you decide to put your boyfriend forward for the programme?

It's not that he's a terrible boyfriend but I did feel like we had a lot to work on. I thought we had one issue going in - Ruben being flirty - but it turns out the real issue was communication.

## How would you describe your relationship with your boyfriend at the start of the experience?

At the start I did trust him but not fully. I felt like Ruben still needed attention from other women. It turned out that we didn't communicate properly.

## What can viewers expect from the series?

Viewers can expect a lot of drama, not just from Ruben and I! People improved a lot, especially the boys. Viewers will also get to see the boys' emotional sides which we as girlfriends were quite surprised to see - to us, that was huge.

## How would you describe yourself as a girlfriend?

Honestly, I think I'm very chilled and laid back. I've figured out that I need to be more understanding. Sometimes I can be way too hard on Ruben. Even though I may come off as a bit possessive, that's not really the case. Ruben jokes way too much and sometimes he contributes to me looking possessive.

## What was it like working with Olivia?

It was great - she's funny. She gave us a great insight into looking deeper into ourselves and our relationships.

## What was your boyfriend's reaction to finding out the true premise of the show?

I think he sort of left his body to be fair! My guy was lost for words. I gave him that one look and he knew he f\*\*\*ed up.



Jordi & Sam

itv2 | itvX

# Sam

Age: 31

From: Manchester

Occupation: Roofer

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It's exciting but with a few nerves! At the end of the day it brought me and my girlfriend closer together.

## How did you feel when you learned the true purpose of the show?

I'm one of them who doesn't like speaking out, I run away from my problems and I always have done. I didn't have a clue what was going on. If I knew what the show was then I probably wouldn't have done it because I don't like opening up. But because I was put in that position to open up and talk about my feelings then it's made me a better person and I did enjoy it.

## How would you describe your relationship with your girlfriend at the start of the experience?

Me and Jordi were good but about two months before that we were talking about whether we were right for each other and we were going through a rocky patch. We couldn't sort out what was going wrong in the relationship because I didn't talk and open up.

## What can viewers expect from the series?

I think viewers can expect a lot of drama, a lot of excitement and romance! It's going to be very unexpected.

## How would you describe yourself as a boyfriend?

I thought I was a good boyfriend but after being a part of the show, I realised I wasn't all that!

## What was it like working with Olivia?

It was good working with Olivia - she's very down to earth. She's had problems in the past in her relationship so it was good to talk to her and now they're all married, it's nice to see. Her presenting the show and giving us the challenges, it worked.

# Jordi

Age: 28

From: Manchester

Occupation: Gym Brand Owner

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It's quite new to me. It's a bit nerve-wracking but exciting at the same time.

## Why did you decide to put your boyfriend forward for the programme?

I think it was a last resort because we've tried everything. We know we want to be together but there were so many issues that needed to be solved before taking the next step. The last resort to see what happens and hopefully make our relationship better.

## How would you describe your relationship with your boyfriend at the start of the experience?

I had a lot of trust issues - I didn't trust Sam at all. He wasn't romantic or anything and never made me feel special. We were still like best friends and would spend a lot of time together and we did have fun together but the serious side of it was lacking. For me wanting to take the next step and get engaged and having kids like that, I wasn't able to take that next step while it was lacking in those things.

## What can viewers expect from the series?

I think it's going to be full of twists, turns and drama. I think it's something quite different, it's not like something I've watched before. I think it'll be really entertaining to watch!

## How would you describe yourself as a girlfriend?

I think I was a good girlfriend but I did learn things about myself on the series. I started to open up a lot more. I was holding back a lot because of the trust issues and everything else. I was able to open up a lot more since doing the show.

## What was it like working with Olivia?

She's amazing. She makes you feel like you're having a chat with one of your best mates. She's really good to work with. I don't think they could have picked a better person.

## What was your boyfriend's reaction to finding out the true premise of the show?

He didn't think that he should be there. He asked me why he was there. And that's the exact reason why he was there!





Viktor & Maria

itv2 | itvX

# Viktor

Age: 27

From: Essex, originally from Bulgaria

Occupation: Music Teacher

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It feels good and exciting. I'm looking forward to it.

## How did you feel when you learned the true purpose of the show?

Very surprised! I had a lot of questions but it was a pleasant surprise to see my girlfriend - I was happy to see her.

## How would you describe your relationship with your girlfriend at the start of the experience?

It was great - it was perfect. We were very happy. But the type of life we live is very fast paced and sometimes you don't have the opportunity to work on things and talk about every single day.

## What can viewers expect from the series?

A lot of different couples. If I described it in one word, I'd say relatability.

## What was it like working with Olivia?

It was lovely working with her, she was very helpful. She taught us a lot of things. Grateful for the opportunity to work with her and meet her.

# Maria

Age: 23

From: Essex

Occupation: Influencer Marketing Manager

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It's crazy! It was about time he got a little push in our relationship and finally understood to get into the right mindset. It was a fun experience.

## Why did you decide to put your boyfriend forward for the programme?

We've been together for six years and within two years he gave me a promise ring. Four years later, there is still no [engagement] ring. Everytime I would ask what's happening, he would come up with excuses. It's time for no more excuses and time to get the answer I've been wanting - do you actually want to marry me? Or are you a commitment-phobe? I really wanted to put Viktor in that situation so he knows actually why he's here.

## How would you describe your relationship with your boyfriend at the start of the experience?

Our relationship was good, it's always been good. We're that couple that doesn't really argue. If we do argue it's probably because we're hungry! It's just been that aching question of when is it going to happen. He's very romantic, he is a very sweet man and I am grateful to have him. He needed a push in the right direction to get the wheels turning in his head to realise marriage is big and it needs to happen!

## What can viewers expect from the series?

You should expect drama! I didn't think I would be in any drama but I was - I'm so sorry [laughs]. Expect Viktor to be in the hot seat because it got very hot for him at one point. It's very exciting, fun and shout out to Olivia! She helped us all.

## How would you describe yourself as a girlfriend?

I am cool and thoughtful. I'm a passenger princess girlie - I like to sit in the passenger seat and let my man ride. I don't want to make any decisions, I just like to chill in my relationship. I'm a princess, treat me like a princess!

## What was it like working with Olivia?

Olivia's cool. She was always sweet and her fits were always slaying - that girl knows how to dress! She was fun to work with. She was lovely.



Anna & Eli

itv2 | itvX

# Eli

Age: 43

From: Leeds

Occupation: CEO of Supercar Dealership

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

I'm excited but of course apprehensive, I've never been on TV like this before, I haven't been in the spotlight so it's a very new experience. I went for the opportunity though and I'm glad I did it. I like to try new things and I threw myself into it wholeheartedly.

## How did you feel when you learned the true purpose of the show?

You will see when you watch it, we were all standing in absolute shock. Olivia walked in and none of us really grasped what was happening and couldn't quite believe it. We had a few suspicions something might happen but never in our wildest dreams did we think it would be that. It was mind blowing. Of course I missed Anna so it was nice to see her but the twist, I didn't see that coming.

## How would you describe your relationship with your girlfriend at the start of the experience?

It was great, we've always had a rock solid relationship and I was gutted to be leaving her and I think she felt the same. We hadn't spent time apart since moving in so it was a big step to spend nights away from her.

## What can viewers expect from the series?

I'd say it's the most insane plot twist on a reality show you will ever see. So if you want to be completely surprised this show ticks that box.

## How would you describe yourself as a boyfriend?

I am an alpha male, I am a man's man. But I'm also very caring and very affectionate and very much like to care for my partner and protect her.

## What was it like working with Olivia?

I didn't actually know that much about her. I don't watch much reality TV and I hadn't seen her on Love Island. She was really pleasant though, very welcoming to us and really put us at ease when she spent one on one time with us. She was great.

# Anna

Age: 24

From: Leeds

Occupation: Sales Manager

## How does it feel to be a part of Olivia Attwood's Bad Boyfriends?

It's really exciting. A new experience for me and there's never been a show like this so I'm excited to be a part of it.

## Why did you decide to put your boyfriend forward for the programme?

I put Eli forward because he constantly says the wrong thing and puts his foot in it, and without realising that can affect my confidence. His social media etiquette isn't the best with Instagram DMs, liking, watching videos and even sending me videos of other girls.

## How would you describe your relationship with your boyfriend at the start of the experience?

We're very, very in love but it's quite fiery as well. It's very intense in that we're all over each other all the time and super in love but then when we argue, we really argue. It's fiery and passionate!

## What can viewers expect from the series?

Viewers can expect some shocking lines from the boys, drama, friendships, funny moments.

## How would you describe yourself as a girlfriend?

I describe myself as sensitive and fun.

## What was it like working with Olivia?

Amazing. I'm obsessed with her. She's such a girl's girl. She did a really good job at bringing us all together to try and sort the boys out - she had a big task on her hands and I don't think she expected as much drama as there was.

## What was your boyfriend's reaction to finding out the true premise of the show?

He was actually really happy to see me but he was very shocked when he saw me.



itv2 | itvX