

Week 36/37 - Saturday 9th - Friday 15th September 2023



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Rugby World Cup 2023 Live: Italy v Namibia Saturday, from 11.30am 9th September ITV1

David Flatman presents coverage of Italy's opening match at the 2023 Rugby World Cup as they take on Namibia and both teams aim to start off with a win.

These two teams faced each other at the 2019 Rugby World Cup in Japan - where Italy scored seven tries in a 47-22 bonus point victory, and both sides will be eager to get a victory with tournament hosts France, New Zealand and Uruguay in their pool as well.



Rugby World Cup 2023 Live: Ireland v Romania Saturday, from 2pm 9th September ITV1

David Flatman presents coverage of current Six Nations Grand Slam winners Ireland's opening match at the 2023 Rugby World Cup as they take on Romania.

Ireland come into the tournament as one of the favourites and get their campaign under way against a Romanian side yet to beat them in three previous tournament meetings - Brian O'Driscoll, Rory Best, and Sam Warburton provide studio analysis.









Rugby World Cup 2023 Live: Australia v Georgia Saturday, from 4.45pm 9th September ITV1

Hugh Woozencroft is joined by Maggie Alphonsi, George Gregan, and Sir Clive Woodward for coverage of the Pool C match between Australia and Georgia.

After being sacked by England, Eddie Jones continues his World Cup journey by returning home to coach the Wallabies once again, a side he led to the final in 2003 - commentary for the match in Paris is from Johnnie Hammond and Nolli Waterman.



Rugby World Cup 2023 Live: England v Argentina Saturday, from 7.15pm 9th September ITV1

Mark Pougatch is joined by Jonny Wilkinson, Sir Clive Woodward, and Lawrence Dallaglio for coverage of a crunch Pool D game between England and Argentina.

The Steve Borthwick era has yet to spark into life, and England's 2023 World Cup build-up has been hampered by underwhelming performances on the pitch and an unwanted media circus around the suspensions to Owen Farrell and Billy Vunipola.









Bali 2002 Saturday, 10.25pm 9th September ITV1

Based on the events of 2002 terrorist attacks on Bali's tourist hotspots, this drama explores how everyday heroes brought order from chaos and hope from despair.

When two explosions rip through packed nightclubs in Bali in Indonesia in 2002, many are killed and many more injured - volunteers and first responders desperately pull the injured to safety and rush them to local hospitals, but medics there are overwhelmed.



Rugby World Cup 2023 Live: Japan v Chile Sunday, from 11.25am 10th September ITV1

Coverage of the 2023 Rugby World Cup Pool D match between Japan and Chile as the South Americans make their tournament bow against Japan's Brave Blossoms.

However, Chile may face a tall order against the surprise quarter-finalists in 2019 - David Flatman presents the action with expert analysis from former Italy captain Sergio Parisse, former Welsh international Philippa Tuttiett, and Sir Clive Woodward.









Rugby World Cup 2023 Live: South Africa v Scotland Sunday, from 3.55pm 10th September ITV1

Mark Pougatch presents coverage of Scotland's first match at the 2023 Rugby World Cup as Gregor Townsend's side open their campaign against South Africa.

With only the two top teams advancing to the knockout stages, both Scotland and defending champions South Africa will know how crucial it is to get off to a winning start - match analysis comes from Sir Ian McGeechan, John Barclay and Bryan Habana.



Rugby World Cup 2023 Live: Wales v Fiji Sunday, from 7.15pm 10th September ITV1

Mark Pougatch is joined by Sam Warburton, Gareth Thomas, and Jamie Roberts as Warren Gatland's Wales begin their 2023 Rugby World Cup campaign against Fiji.

After an annus horribilis mired by a number of off-the-field controversies and the retirement of leading lights Alun Wyn Jones and Justin Tipuric, Welsh rugby will be hoping for some positive press as they begin their campaign in the Riviera city of Nice.









Waco Untold: The British Stories Sunday, 10.45pm 10th September ITV1

The story of the sizeable British contingent of David Koresh's Branch Davidian cult and their experiences during the 51-day ordeal at Waco and its 1993 storming.

As operations to enforce the law on the Branch Davidians began with the US Bureau of Alcohol, Tobacco and Firearms (ATF) and continued with the FBI, the siege ended with the deaths of men, women and children as a deadly fire raged at the group compound.



My Mum, Your Dad Monday-Friday, 9pm 11th-15th September ITV1

This warm-hearted dating show follows eight single parents nominated by their grown-up kids to spend two weeks in a stunning countryside retreat to find love.

The nervous parents are dropped off at the doors of the retreat by their kids, but what they don't know is that they are then off to meet at The Bunker - and in an unexpected twist, host Davina McCall reveals that they will watch their parents' every move there...









Love Your Garden Tuesday, 8pm 12th September ITV1

Alan Titchmarsh and a team of gardeners travel around the country to transform the gardens of some very deserving people into wonderful outdoor living spaces.

This time the team are in Hinckley to surprise WWII veteran Gordon, who at 96 is one of just a handful of surviving heroes from the D-Day landings - now commander-inchief of his family, his neglected garden needs to be a space for precious family time.



Paul O'Grady's For the Love of Dogs Thursday, 8.30pm 14th September ITV1

The late and much-missed Paul O'Grady follows the ups and downs of life at Battersea Dogs and Cats Home as they care for our four-legged friends in need.

Paul meets some beautiful dogs who are all still struggling to find a home - two of the dogs have already been returned to Battersea once, and they just don't seem suited for normal homes as they're so lively. Paul tries his best, but will they make the cut?







Family Guy! Monday, 9pm **American Dad** Monday, 9.30pm & 10pm 11th September ITV2

Brace yourselves as the Griffin and Smith families return to wreak another round of havoc in brand-new episodes of two of America's most anarchic animations.

Peter stumbles across the owner of a hologram-themed attraction in Quahog, and that's followed by two visits to Langley Falls where Wheels and the Legman hunt the people who ruined Steve's secret swimming hole and all the Smiths develop amnesia.



Bridesmaids Sunday, 9pm **10th September** ITV2

Kristen Wiig, Maya Rudolph, and Rose Byrne star in this bawdy comedy film about Annie, a perpetually unlucky woman whose best friend is about to get married.

Single again and having had her business fail in a recession, Annie is still thrilled when her friend Lillian reveals her engagement... however, she hasn't counted on one thing a battle of wills with Helen, a fellow friend of Lillian's who is also her maid of honour.







The Only Way Is Essex Sunday, 9pm 10th September ITVBe

A real-life soap opera focusing on a group of Essex characters - all of their drama unfolds against the backdrop of nail bars, wine bars, flash cars and designer gear.

A broken-up Girlband are in the hotel restaurant throwing shade and preparing for a war of words, but what they don't know is that Amber is waiting in the wings to swoop in and surprise everyone... and her shock arrival in Cyprus ruffles quite a few feathers.



Emergency Nurses: A+E Stories Tuesday, 9pm 12th September ITVBe

A fly-on-the-wall documentary programme that follows nurses in A+E departments as they battle to save their patients and have fun outside of work.

Norfolk and Norwich University Hospital emergency nurses Kat and Becca help student nurse Meredith through her first trauma call, Dulcie looks after her oldest patient yet - a 106-year old - and Ella cheers on the sidelines at a big football match.









Trigger Point Monday-Wednesday, 10pm & 11.05pm 11th-13th September ITV3

Another chance to catch the complete run of the drama series following Lana Washington, a bomb disposal officer who is working for the Metropolitan Police.

When Lana Washington and her colleague Joel are called out to investigate a potential bomb factory in a London housing estate, there's no sign of the bomb makers - they defuse an IED, but its complexity suggests very sophisticated terrorism.



Ridley Saturday, 11.05pm 9th September ITV3

Compelling detective drama, starring Adrian Dunbar and written by Paul Matthew Thompson, about a sleuth who is lured back from retirement for one final case.

Ridley and Carol are called out to investigate the death of a man after a fall from his balcony - during the investigation, Ridley makes a shocking discovery that links the current murder case to the arson attack that killed his family. How will he react to it?







Uv4 Weekly highlights



Goodwood Revival Live Saturday & Sunday, 6pm 9th & 10th September ITV4

Coverage of the event that is the only historic motor race meeting to be staged in a period theme and which is an immersive celebration of iconic cars and fashion.

The 2023 edition of the Revival will feature on-track action featuring the likes of former Formula One world champions Jenson Button and Sir Jackie Stewart, multi-24 Hours of Le Mans winner Tom Kristensen, and veteran motorcyclist Michael Dunlop.



Cycling: Tour of Britain Live Saturday, from 10.45am Sunday, from 11am 9th & 10th September ITV4

Matt Barbet presents coverage of the last two stages of the 2023 Tour of Britain from Tewkesbury to Gloucester and from the Margam Country Park to Caerphilly.

The seventh stage was originally scheduled to feature in the 2022 Tour of Britain but was cancelled following the passing of Her Majesty Queen Elizabeth II, and the final stage features a sting in the tail in the form of a double ascent of Caerphilly Mountain.



