



Weekly Highlights

Week 26/27 - Saturday 1st - Friday 7th July 2023

The Effects of Lying ITVX





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Tuesday 27th June 2023

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The Effects of Lying
Full series drop on ITVX
on Thursday 6th July
ITVX

This comedy-drama with real heart brings a refreshing South Asian representation to screens and follows a dutiful husband and loving father whose life falls apart.

Naveen, who has lived his life by the book and sacrificed everything, finds his world changed by a series of shocking events that take place over just one day - decades of festering secrets are finally exposed, and he is forced to face up to some home truths.



Olivia Attwood:
Getting Filthy Rich
Full series drop on ITVX
on Thursday 6th July
ITVX

Following the success of the first series last year, Olivia Attwood returns with a brand-new run of her award-winning Getting Filthy Rich show for summer 2023.

Each episode sees Olivia immerse herself in different worlds of sexual money-making and meet the people boosting their bank balances through the sex industry, from TikTok and stripping to sex toys to dominatrixes and the Girlfriend Experience market.



**International Football:
England v Portugal
Saturday, 2.30pm
1st July
ITV1**

With the 2023 Women's World Cup almost upon us, Seema Jaswal presents coverage as the Lionesses play their last home warm-up game before the event.

Their opponents are Portugal, who have just qualified for their first-ever World Cup. England - who are one of the tournament favourites - will want to put on a show for the fans at the Stadium MK in Milton Keynes before their World Cup campaign begins.



**The Voice Kids
Saturday, 7.30pm
1st July
ITV1**

Emma Willis hosts the first episode in a new series of the entertainment talent show where a group of famous faces search for the best kids' voices in the UK.

The seventh series of the show begins with superstar coaches Ronan Keating, Danny Jones, Pixie Lott and will.i.am getting ready to push their buttons for some of the UK's most talented young singers as the blind auditions begin... but who will get chosen?



Crime
Saturday, 10.05pm
1st July
ITV1

Dougray Scott, Joanna Vanderham and Angela Griffin star in this thrilling series, based on Irvine Welsh's best-selling novel, about Detective Inspector Ray Lennox.

Prepare to enter the dangerous world and troubled mind of a man who is engaged in a disturbing battle with his own demons - through the demanding and very public medium of serious crime investigations - in a city where a serial killer is about to strike.



Sitting on a Fortune
Sunday, 7pm
2nd July
ITV1

Pulse-quickenng quiz, hosted by football legend Gary Lineker, that sees six players compete to be in the right place at the right time to take away a big cash jackpot.

In this episode, Tiana, Neil, Adam, David, Helen, Jojo and Ali all step up to play for a massive 100,000-pound prize - correct answers keep players in the money chair, but everything could change from one question to the next. Who has what it takes to win?



Van Der Valk
Sunday, 8pm
2nd July
ITV1

Marc Warren stars in the thrilling crime drama about a Dutch detective who takes on cases in Amsterdam using his insightful human observation and street smarts.

Magic isn't just something in fairy tales - to many it's real, and a point of faith and ritual to groups like the Sanguis Lunae, whose ritual attempt to invoke the Goetic demon Belphegor is about to end in tragedy with the stabbing of one of their own.



Long Lost Family
Monday, 9pm
3rd July
ITV1

Davina McCall and Nicky Campbell present the documentary series which aims to reunite family members desperate to find long-lost relatives after years apart.

In the first episode of a new series, Davina and Nicky follow two very different stories of men searching for family - one was born in East London and seeks a paternal DNA match, and the other has a very special request for the team... to find his entire family.



Cooking with the Stars
Tuesday, 9pm
4th July
ITV1

Emma Willis and Tom Allen host the first episode of a new series of the culinary show where a host of famous faces cook up a storm in a bid to outdo their rivals.

The stars featuring in this series are musician Matt Willis, Love Islander Indiyah Polack, actors Jason Watkins, Joanna Page and Samia Longchambon, legendary boxer Chris Eubank, the multi-talented Peter Andre, and longstanding Steps singer Claire Richards.



Joanna Lumley's
Spice Trail Adventure
Wednesday, 9pm
5th July
ITV1

A new documentary series following Joanna Lumley as she sets off on one her most epic voyages yet, a journey through the world's greatest spice continents.

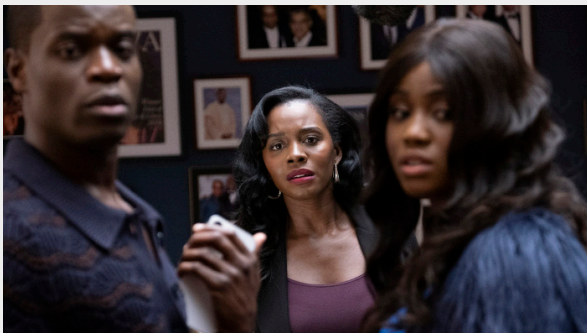
In the first episode of the show, Joanna heads to a remote Indonesian destination called the Banda Islands - they are so small that it's a challenge finding them, but they were once the only place on Earth where nutmeg grew... and they also had a dark past.



**Ellie Simmonds:
Finding My Secret Family**
Thursday, 9pm
6th July
ITV1

Gold medal-winning Paralympian swimmer and former Strictly contestant Ellie Simmonds sets out to find her birth mother in this special one-off documentary.

Ellie's trailblazing and can-do positivity are well known, but she's been living with a secret - that she was placed for adoption just ten days after she was born. In addition to following Ellie's search, this film also meets those on the front lines of UK adoption.



Riches
Friday, 9pm
7th July
ITV1

A glossy and high-stakes family drama following the Richards family, whose lives are turned upside down when their father Stephen suffers a devastating stroke.

Tensions brew in the aftermath of the reading of Stephen's will, and Claudia works furiously to regain Flair and Glory for her family in its aftermath - meanwhile, a single social media complaint causes things to spiral out of control elsewhere in the business.



Love Island
Saturday-Friday, 9pm
1st-7th July
ITV2

Maya Jama and Iain Stirling are on hand to guide us through another week of romantic rivalry and cautious coupling in the nation's hottest destination for love.

The Islanders are busy enjoying their days of romance, flirting and endless fun in the sun, but plenty still lies ahead for them - catch up with all the Unseen Bits at 9pm on Saturday, then give your take on the show on Love Island: Aftersun on Sunday at 10pm.



The Sex Lives of College Girls
Tuesday, 10.05pm & 10.35pm
4th July
ITV2

The second season of the comedy following four roommates navigating through their newly-found freedom on a prestigious campus of Essex College continues.

In the first of a double bill, while crashing the men's crew team's workout, Whitney reveals that she is challenging herself with one of the hardest classes on campus. Then, Bela and her collaborators plot to expand The Foxy's reach ahead of its launch.

itv^Be Weekly highlights



The Real Housewives of Miami
Sunday, 10pm
2nd July
ITVBe

This branch of the popular reality series heads to America's Sunshine State to meet some of Miami's most affluent and glamorous female residents.

This time around, Larsa puts her house on the market, while Nicole reveals her traumatising childhood to Lisa. Elsewhere, Alexia meets up with Herman's lover, and Adriana hosts Martina's first solo art show while at the same time juggling two dates.



The Real Housewives
Ultimate Girls Trip
Wednesday, 10pm
5th July
ITVBe

Pack your bags for this very different Housewives experience as iconic franchise favourites from across the megahit programme embark on some opulent holidays.

The ladies start to let their guards down as they take in the breathtaking sights of the Turks and Caicos Islands, Kenya gets a triggering message that sends her into a spiral, and Melissa begins a high school sleepover-inspired game night at the villa.



The Bay
Monday-Thursday, 11pm
Friday, 11pm & 12.05am
3rd-7th July
ITV3

Another chance to see the entire second series of the compelling crime drama, starring Morven Christie, as Detective Sergeant Lisa Armstrong returns to duty.

As a new case involving the shocking murder of a loving family man brings Lisa back into the front line unexpectedly, she must get under the skin of a new family and prove her worth to her own family, her colleagues, and to herself if she is to work things out.



Law & Order: UK
Monday-Friday, 10pm
3rd-7th July
ITV3

A week of thrilling crime drama following both police and prosecutors as they fight to bring criminals to justice and exonerate the innocent, one case at a time.

The week begins with the thrilling end to the second series, before we're treated to four days of series three, which begins as two children are charged with a toddler's murder, and Castle defiantly takes instruction from the victim's mother.



Tour De France Live 2023
Saturday & Sunday, 11am
Monday-Friday, 2pm
1st-7th July
ITV4

It's that time of year again as the world's best cyclists take on the most challenging race in the world - the Tour de France - and ITV4 has all the coverage.

The Grand Depart kicks off with a route around the Basque Country, taking in a huge amount of hills - before entering France on Monday. From there on in it's as tough a physical and mental challenge as sport offers. There are also highlights every night.



Monster Carp
Thursday, 8pm
6th July
ITV4

Neil Spooner and Tom Dove set off on another trip around the world, looking to catch more stunning fish as they chase the biggest carp on the planet.

Croatia not only holds some of the biggest carp in the world, but plenty of them, and there is no better venue than Lake Zajarki, on the outskirts of Zagreb. So, it is no surprise that Neil Spooner and Tom Dove have chosen to kick off this new season here.



LEGO Ninjago
Monday-Friday, 7.30pm & 7.45pm
3rd-7th July
CITV

We're going right back to the start as the ninja - Kai, Jay, Cole, Zane, Lloyd and Nya - face great threats that want to disturb the peace in the land of Ninjago.

After a long and difficult fight the Ninjago try to relax, but Master Wu won't let them. Plus, the ninja go looking for a brand new quest, the ninja are on an expedition through the dangerous Desert of Doom, and much more as the week goes on.



Jurassic World: Camp Cretaceous
Monday-Friday, 5.30pm
3rd-7th July
CITV

This animated series follows six teenagers who have been selected to experience the world's most incredible adventure camp - and meet its impressive residents...

As season five begins, Kenji is thrilled to see his father and is eager to prove himself, acryptic clue prompts Brooklynn, Darius and Ben to dig into Mr Kon's motives, Kenji asks his friends to back off and stay out of his father's business, and more.