

Dame Kelly Holmes joins the Loose Women panel

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[Daytime](#)

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Dame Kelly Holmes will join the Loose Women panel from Monday 12 September.

The double Olympic Champion will take part in the award-winning daytime show's topical and lively debates, as well as speak with celebrity guests, in front of a new live audience which returned this week also.

Dame Kelly Holmes said:

"I am extremely excited about joining Loose Women. Having met a few of the panellists recently, I know that the shows will be full of energy, smiles, tears and lots of laughs.

"I hope I can bring my energy to the show and will be up for doing any mad experiences they throw at me!"

She added, "It will be so different to anything I have done before in my career, but now that I have found my authentic voice since the airing of my documentary, Kelly Holmes: Being Me, I will join in on many conversations that I felt I never could before."

Loose Women Editor Sally Shelford said:

"We are thrilled and honoured to have Dame Kelly Holmes join the Loose Women panel. She is a national treasure and an inspiration to us all.

"We can't wait to get her take on the topics of the day, plus she has already set us the challenge of taking her out of her comfort zone and putting her sense of adventure to the test. Watch this space!"

On September 5th, the live audience was welcomed back to Loose Women's HQ in London's Television Centre to share their lunchtime in-person with the ladies, after a two and a half year hiatus due to the Covid-19 pandemic restrictions.

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