

The Real Housewives of Cheshire specials to explore menopause

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The Real Housewives of Cheshire will be launching a two-part special exploring the menopause, airing on ITVBe and ITV Hub in August.

Current stars from the show Lauren Simon, Seema Malhotra, Rachel Lugo, Nicole Sealey, Lystra Adams and Sheena Lynch will be candidly sharing their coping strategies and confronting the many taboos women face in dealing with 'the change.'

Each housewife will be embarking on a personal journey of discovery to find out what stage they're at on the menopause journey and explore both medical and alternative treatments for their symptoms.

With the menopause being a topic that is rarely discussed and still not fully understood, the housewives will not only bravely share their experiences but so will their partners and families, providing never before seen access to their lives.

Throughout the two-part special, The Real Housewives will also be on a mission to raise awareness and get the nation talking about the menopause through the social media campaign, #hotmess.

The two part-special is produced by Monkey, which is part of Universal International Studios. David Granger is Executive Producer for Monkey with Emma Kosminsky as Producer and Director. A new series of The Real Housewives of Cheshire, produced by Monkey, will also broadcast later in the year.

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